

Ban R. Barbat DDS-PC

Dr. Ban R. Barbat
Where Lasting
Smiles Begin

Practice Update

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We Welcome

our family of patients with warmth and enthusiasm.

Our vision is to provide progressive, personalized and complete care to all.

Our patients show their appreciation by partnering in their commitment to long-term oral health.

We are a compassionate team of dedicated professionals who accomplish our goals by listening, learning, and living our dream.

This is...

Where Lasting Smiles Begin.



6044 24-Mile Road

Guided by this commitment, we are proud to announce that your new dental office, just around the corner from our current location, will be completed September 15 and we will begin serving you there on September 20. This new facility is created with YOU in mind. On your first visit, you will notice:

- Spacious environment • Optimal privacy • Ample Parking
- Ultimate patient comfort features
- Specially Designed "Sleep Dentistry" Room
- Digital X-Rays (faster images & minimal radiation exposure)
- Laser Dentistry (reduces numbing requirements & healing time)
- Environment Friendly (less water consumption, high efficiency electronics, chemical recycling)
- Enhanced visual communication
- Latest sterilization process

Also enjoy freshly brewed Starbucks Coffee prior to or after your care. New patients are welcome, as always!

*"We have always committed our practice to offering the latest in skills, technology and techniques. With this new facility, we are opening our doors to a new level of excellence and our arms to the community."
- Dr. Ban Barbat*

Please Accept This Invitation To An
Opening Celebration!
Saturday, September 25
11:00am – 3:00pm

Enjoy refreshments & entertainment • Tour the facility
Door Prizes! • Bring family/guests!

THANK YOU FOR BEING A PART OF OUR GROWTH & FOR SHARING YOUR SMILE WITH OTHERS!

2004 Scholarship WINNER



Dr. Ban Barbat is pleased to announce the recipient of the 2004 Ban R. Barbat Scholarship ... Nicole Harting. Nicole recently graduated from Utica High School, maintaining a 4.144 GPA and ranking second in her class of 404 students. She was also a member of the National Honor Society and Varsity Soccer Team. Nicole will be attending Central Michigan University in the fall with the goal of becoming a Physician's Assistant in Pediatric Oncology/Hematology.

Congratulations, Nicole!

Your Medical History Is Important To Your Smile

While personal privacy causes some to feel reluctant about sharing medical information with their dentist, the impact of NOT providing complete information could have negative results.

According to the Academy of General Dentistry, patients should mention everything about their health, even if they don't think it relates to the mouth. Failing to mention something as simple as taking aspirin or herbal supplements could lead to a major complication.

Also, many medications sound similar, so be sure to note exactly what and how much you take of each. Forgetting just one could lead to a dangerous reaction or other medical complication.

For instance, taking Coumadin, a blood thinner, can cause a greater degree of bleeding during extractions and other procedures.

Dr. Barbat structures treatment on an individual basis. Knowing all the facts will allow each visit to provide you with an overall healthy experience.

A CRACKED Tooth?

Symptoms, Causes & Solutions

Cracked tooth can occur from a variety of causes. Some include:

- ◆ Grinding or clenching of teeth
- ◆ Uneven chewing pressure
- ◆ An accident, such as a blow to the mouth
- ◆ Tooth exposure to extreme hot or cold
- ◆ Chewing hard items such as ice or hard candy
- ◆ Teeth that have become brittle

A crack in teeth is often invisible to the eye and may not even show up in an X-Ray.

However, the pain typically occurs when you bite down and feel a sharp pain. This occurs because the pressure of biting causes the crack to open. When it opens, the interior of the tooth that holds nerves and blood vessels becomes irritated. Other symptoms are sensitivity to heat, cold, sweet, sour or sticky foods. When people have a cracked tooth they tend to chew on the opposite side or avoid certain foods.

Repairing most cracks can be done through bonding or crowning. If the interior pulp has been damaged or dis-

eased as a result of the crack, a root canal will be necessary prior to crowning the tooth. A severe crack that extends below the gum line often requires extraction.

Small cracks in teeth are not uncommon and typically do not cause problems. However, it is important to keep us aware of oral symptoms you are experiencing that may indicate a problem. The sooner the problem is repaired, the sooner you'll regain your healthy, comfortable smile!

New Patients Always Welcome!

Dr. Barbat and her staff are always happy to welcome new patients. We appreciate your recommendations to others.

Thank you for sending new smiles our way!

Facial Pain

More than 15% of American adults suffer from chronic facial pain. Common symptoms include pain in or around the ear, jaw tenderness, clicking or popping noises when opening the mouth, or head or neck aches.

Through information revealed in x-rays and examination, Dr. Barbat can identify the sources of this pain. In some instances, facial pain is caused by

sinuses, toothache, or gum disease. However, this can also stem from facial muscles, strained jaw joints, or grinding or clenching teeth.

Conservative treatment often relieves this pain, such as mouth protectors worn at night. Dr. Barbat will discuss recommendations to provide you with the best outcome possible.

Menstrual Cycle Affects Periodontal Health

According to recent findings published in the Journal of Periodontology, many women report increased inflammation and discomfort of the gums associated with their menstrual cycle.

Symptoms include a slight burning sensation, bleeding with minor irritation, redness to the gums, oral ulcers and general pain and discomfort in the gums.

In this study, researchers compared the gingival and periodontal status of premenopausal women between the ages of 20 to 50 years at different times in their menstrual cycles. Researchers measured plaque index, gingival index, probing depth, gingival recession and gum attachment levels.

Gingival inflammation was lower during menstruation

than during ovulation and premenstruation, which may be attributed to hormonal peaks and drops.

Further studies are planned to examine whether these transitional changes may have lasting negative effects on gum health. In the meantime, women in this age bracket are encouraged to relay symptoms experienced on a cyclical basis, including any prescription or over-the-counter medications being taken.

Long Teeth & Exposed Roots

Do you feel you look older than you really are? Sometimes gum recession causes the tooth root to become exposed, which makes your teeth look long. This recession

can happen as a result of a variety of causes, including periodontal diseases. Whatever the reason, exposed roots are unappealing and create risk for developing cavities.

Several procedures are available to cover exposed roots, reduce further gum recession and protect vulnerable roots from decay. Please ask about these at your next visit.