

Dr. Ban R. Barbat

Where Lasting  
Smiles BeginPractice  
Update

6044 24-Mile Road, Shelby Township MI 48316 • (586) 739-2155 • WhereLastingSmilesBegin.com

Missing Teeth leads To  
Bone Loss  
And More!

**T**ooth loss has many frustrations. Dentures can lead to uncomfortable rubbing over time due to what is occurring under the gums - bone loss! This, in turn, can create reduced self-confidence, decreased ability to chew, and health problems resulting from a poor diet.

Bone loss occurs from the lack of stimulation to the jaw bone by natural tooth roots. When tooth roots are missing, the bone begins to shrink, or 'resorb'.

This resorption also contributes to deep wrinkling and a sunken-in appearance around the mouth, a 'witches chin,' jowls, and a severe reduction in biting strength.

As the bone shrinks, the ridge under the denture begins to flatten. Over time, the denture has less of a foundation,

decreasing one's ability to bite and chew comfortably. While the biting strength of natural teeth is 250 pounds, a denture wearer bites with 5 to 6 pounds, on average.

Bone loss is accelerated by the pressure of wearing dentures. For those who sleep in their dentures, this 24/7 pressure speeds up the pace even more. This is why dentures that once fit securely eventually begin to loosen due to the change in the jaw underneath the gums.

It's no wonder so many adults are now choosing Dental Implants to replace missing teeth! Dental Implants recreate the presence of tooth roots, halting bone loss and restoring the strength of your Dental Implants are designed to last your lifetime and can bring you as much pleasure as natural teeth.

To discuss your options in tooth replacement, call (586) 739-2155 to arrange a free consultation with Dr. Barbat or ask about Dental Implants at your next visit.



Celebrating 15 Years in Practice With A  
Zoom II Whitening Special!

SAVE \$75

on Full Mouth Zoom II  
with our Anniversary Special!

Zoom II uses light activation technology, causing a "photo-fenton" reaction of peroxide and iron in the Zoom II gel. The peroxide reacts with the iron, producing stain terminators as the light cyclically renews the iron, significantly enhancing dramatic whitening results!

Call (586) 739-2155  
for an appointment  
(Hurry! Offer expires March 15, 2012)



## Dr. Barbat Supports The Community

GREAT UPCOMING EVENTS  
SPONSORED BY DR. BARBAT!

On Thursday, Feb. 9th, Shelby Parks & Recreation held its Annual Daddy & Daughter Dance at the Cherry Creek Banquet Center. Dr. Ban Barbat, a strong supporter of the community through various events, was a sponsor of this event.

She is also proud to be a sponsor of these upcoming events through the Shelby Parks & Recreation:

**EASTER BUNNY LUNCH**  
Saturday, March 31  
Shelby Community Center

**MOTHER & SON DANCE**  
Thursday, May 3  
Cherry Creek Banquet Center

To register or learn more about these events, call the Shelby Parks & Recreation at (586) 731-0300 or visit their web site at: [shelbytwp.org/departments/prm](http://shelbytwp.org/departments/prm)

## SUGARY TREATS

Just As Bad On ADULT Teeth

**V**alentine's Day, Easter, Mother's Day ... so many holidays and so many goodies, with adults often indulging in sweet treats as much as children. Yet, it's not necessarily an occasional indulgence that takes its worst toll on adult tooth enamel.

Plaque, which is a sticky film of bacteria in the mouth, is continually forming on teeth and gums. When these bacteria come in contact with sugar or starch, they produce an acid that attacks teeth for 20 minutes or longer.

Repeated attacks can expose tooth enamel to decay. Cough drops, hard candy and breath mints that linger in the mouth subject teeth to acid attacks for the duration the product is in the mouth. Sweet beverages are equally as harmful. Sipping cola or sweet tea over an extended time has the same effect.

Plus, the stickier things are, the more difficult it is for saliva to cleanse the sugar out of the mouth. For example, a piece of butterscotch candy that sticks to teeth can be more harmful than a chocolate bar that is rinsed out of the

mouth easily through saliva.

How do you enjoy these treats and minimize harm to your teeth? First, try to treat yourself to these items along with mealtime. Saliva production increases during meals and helps to neutralize acid production and rinse the mouth.

Another tip is to chew sugarless gum after you indulge if brushing your teeth is not possible. Sugarless gum increases saliva flow to wash away decay-producing acid.

Drinking lots of water, particularly fluoridated water, helps prevent tooth decay. And, of course, stay committed to your brushing and flossing routine at home and keep your regularly scheduled hygiene exams and cleanings. These are easy, inexpensive ways to prevent problems from occurring in the first place or catch those at their earliest stages, which minimizes treatment needs.

Follow these tips and you'll still be able to enjoy occasional sweet treats and have a smile that shows you also indulge in good oral health!

## The Advantages Of A

## DENTAL LASER

**D**r. Barbat always strives to provide the latest in dental technology and techniques to save you treatment time and optimize your comfort. Her goal is to also help you prevent problems from occurring in the first place.

If you are not familiar with one of her advanced features, the Nd: YAG Laser, you'll find its many features for patient care interesting.

This dental laser eliminates or greatly minimizes bleeding during procedures, reduces numbing requirements, removes bacteria and easily uncovers gum tissue where implants have been placed. Additionally, it can quickly repair oral ulcers and beautifully recontours or repairs gum tissue with a precision line. Because the Nd: YAG Laser seals tissue as it goes, this means patient comfort is enhanced and healing time is faster.

The dental laser is another cutting-edge feature Dr. Barbat feels her patients have come to expect in her state-of-the-art dental practice. *"I've always been committed to providing advanced features that benefit our patients," she states. "Selecting those that give patients a better outcome is our continual goal."*



## Financing

## Your Dentistry

**W**hen the cost of dental treatment seems beyond your means, financing is available so you can enjoy a healthy, appealing smile while making payments that fit your budget. Dr. Barbat has partnered with *Chase Healthcare Advance* to provide financial support to patients, with most plans requiring:

- ❖ **NO down payment**
- ❖ **NO prepayment penalty**
- ❖ **LOW monthly payments**
- ❖ **LOW fixed interest rates**
- ❖ **Monthly payments that fit most budgets**
- ❖ **Possible tax advantages**

For an application, call our office at **(586) 739-2155** or ask to speak with our Financial Coordinator, Deb Ramsey, at your next visit. The confidential process is quick and easy!

**Question: "Are you accepting new patients?"**

**Answer: "Always!"**

Dr. Barbat is always happy to welcome new patients. When you refer others, it is the ultimate compliment! Thank you for your recommendations!

## a Special Offer for a Special Smile *Yours!*

Crooked teeth can ruin the appearance of a smile and compromise the ability to maintain good oral health. Dr. Barbat has advanced training in Invisalign and Invisalign Teen. Both are comfortable methods of improving your smile while preserving the integrity of natural teeth.



Now through June, take advantage of a special rate to enjoy a naturally beautiful smile at a reduced price, and enjoy free whitening when treatment is completed!

**CALL To Schedule Your  
FREE *invisalign*  
Consultation & Exam**

**Begin Treatment Between  
March 1 - June 28, 2012**

**RECEIVE**

**\$150  
OFF**

**Get A FREE Whitening  
At Treatment Completion!**

**Hurry! This Is A Limited Time Offer!**