



## Spring 2023

Dear Patient & Friend,

I hope your 2023 is off to a good beginning. While we look forward to our “spring thaw,” I’d like to remind you of the value of keeping good oral health at home. If daily flossing is challenging, get pointers from our **Easy Flossing** video on our website’s General Dentistry page.

Also, if you are missing teeth, please consider **Dental Implants**. These are the preferred replacement option for many reasons ...

**Restores Natural Strength & Stability:** With implants positioned in the jawbone, attached teeth have the biting and chewing strength as that of natural teeth.

**Protection of Adjacent Teeth:** Dental implants are self-supporting. They do not rely on the crowning of adjacent teeth for support. Too, implanted teeth help keep neighboring teeth in their proper positions.

**Neuromuscular Integrity:** As a neuromuscular dentist, my training considers the connecting structures (*bone contours, facial muscles, jaw joints, nerves*). This helps to prevent potential problems associated with the TMJ (*jaw joints*), such as frequent headaches, ear ringing, and night-time clenching and grinding.

**Longevity:** Because the implanted portion is biologically-compatible, the jawbone incorporates it as part of the bone. With proper care, its lifetime can last **your** lifetime. And, dental implants do not decay, need a root canal or break.

**Value:** Although the upfront costs of dental implants may **seem** higher, they are typically a better investment over time.

To understand the treatment cost for your needs and goals, we always offer a no-charge consultation. We can also discuss sedation options as well as easy monthly payment plans that allow you to enjoy your confident, new smile without delay.

**We wish you and yours a beautiful Spring season!**

*Dr. Ban Barbat & Staff*

## Join Us In St. Jude Contributions

For 2023, we are supporting **St. Jude Children’s Research Hospital** by donations of **\$25** for each new patient you refer.

Because of the invaluable services St. Jude provides, your part in this is very important. Each month in 2023, we will send the month’s total donations to St. Jude. In addition, at the end of the year, I will personally match all donations made.

Throughout my 26 years in dental practice, it has been important to me to support worthy outreaches (*including Shelby Parks & Recreation and scholarships to college-bound seniors pursuing medical-related fields*).

With **YOUR** help through patient referrals, we can provide St. Jude the support they so greatly deserve. Please join us in an outreach that warms my heart as I’m sure it does yours.

